**Learning Plan**

**NURS 212-6 Medical/Surgical Nursing Practice**

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| Learning Objective | Resources and Strategies | Types of Evidence and Achievement | Criteria to Validate objectives |
| **Competency:** 3.30 Performs sterile dressing techniques.  **Standard of practice:** #2 Application and integration of theory based knowledge.  **Rationale:**  It is essential that aseptic techniques are utilized to maintain asepsis and reduce the presence of pathogenic organisms in the clinical setting. In order to protect patients from infection and to prevent the spread of pathogens sterile dressing techniques must be followed.  **Competency:** 3.42 Administer oral, rectal, vaginal, topical, intramuscular, intravenous and subcutaneous medications.  **Standard of practice:** #2 Application and integration of theory based knowledge.  **Rationale:** Medication is used to prevent, treat or diagnose illness however, if administered improperly can cause adverse effects. Therefore, it is essential that nurses are able to safely administer medication through various routes to prevent any adverse effects.  **Competency:** 5.03 Seeks help and guidance promptly when unable to perform competently.  **Standard of practice:** #3 Professional responsibility.  **Rational:**  It is important for psychiatric nursing students to seek out clarification and guidance from medical professionals, their instructor and peers as this will help eliminate the possibility of medical errors. In addition, this will help students improve their overall nursing craft while providing safe and competent care to patients. | **Resources:**  1. Journal: WOCN (2011) Clean vs. sterile dressing techniques for management of chronic wounds: A fact sheet. *Journal of Wound, Ostomy and Continence Nursing*, 39-2s (p. s30-s34). doi: 10.1097/WON.0b013e3182478e06  2. Video: *Sterile dressing skills demonstration.* (2010). Retrieved from http://youtu.be/vawmY1zk7r0  3. Clinical skills worksheet: *Performance checklist skill 8(2): Preparing a sterile field.* Retrieved from http://stenbergcollege.mrooms3.net/course/view.php?id=996  4. Clinical skills worksheet: *Performance checklist skill 8(3). Sterile gloving.* Retrieved from http://stenbergcollege.mrooms3.net/course/view.php?id=996  5. Website: National Health and Medical Research Council. *4.2 Aseptic non-touch techniques for wound care.* Retrieved from http://www.nhmrc.gov.au/book/australian-guidelines-prevention-and-control-infection-healthcare-2010/b5-4-2-aseptic-non-touch  Strategies:  1. I will read the journal article titled Clean vs. sterile dressing techniques for management of chronic wounds: A fact sheet on June 27, 2014.  2. I will watch the video titled *Sterile dressing skills demonstration* on June 28, 2014.  3. I will read both clinical worksheets titled *Preparing a sterile field* and *Sterile gloving* by June 28, 2014 and look for opportunities during clinical to practice these skills.  **Resources:**  1. Book: Dyer, L., Furze, C., Maddox, C., Sale, R. (2005). *Administration of medicine (p. 45-71).* Retrieved from http://www.us.elsevierhealth.com/media/us/samplechapters/9780443100222/9780443100222.pdf  2. Website: Lippincott’s Nursing Center. *8 rights of medication administration* (2010). Retrieved from http://www.nursingcenter.com/post/2011/05/27/8-rights-of-medication-administration.aspx  3. Clinical skills worksheet: 21(1) *Administering oral medications*. Retrieved from http://stenbergcollege.mrooms3.net/course/view.php?id=732  4. Clinical skills worksheet 21(3) Administering skin application. Retrieved from http://stenbergcollege.mrooms3.net/course/view.php?id=732  5. Clinical skills worksheet 21(4) Administrating eye medications. Retrieved from http://stenbergcollege.mrooms3.net/course/view.php?id=732  6. Clinical skills worksheet 22(5) Adding medications to IV fluid containers. Retrieved from http://stenbergcollege.mrooms3.net/course/view.php?id=9  96  **Strategies:**  1. I will read *Administration of medicine* by Dyer et al. (2005) by June 30th, 2014  2. I will visit the website Lippincott’s Nursing Center and read *8 rights of medication administration* by June 30th, 2014 to ensure I follow proper medication administration protocols.  3. I will read (3) clinical skills worksheets by June 30th, 2014.  4. I will continue to look for opportunities during clinical rotation at Langley Memorial Hospital where I can practice competency 3.42.  **Resources:**  1. Website: College of Registered Psychiatric Nurses of B.C. *Practice support; continuing education; resources; scope of practice standards, limits and conditions.* Retrieved from https://www.crpnbc.ca/practice-support/health-and-safety/  2. Website: Board of Nursing: *Identify options and implications of your decision* (2013). Retrieved from http://www.nh.gov/nursing/nursing-assistant/identify-options.htm  3. Booklet: Royal College of Nursing (2011). *Accountability and delegation: What you need to know.* Retrieved from http://www.rcn.org.uk/\_\_data/assets/pdf\_file/0003/381720/003942.pdf  **Strategies:**  1. I will visit the CRPNBC website and read the following: *Practice support; continuing education; resources; scope of practice standards, limits and conditions* by June 30th, 2014.  2. I will visit the website Board of Nursing and read the article titled *Identify options and implications of your decision* June 30th, 2014.  3. I will read the booklet titled *Accountability and delegation: What you need to know* by June 30th, 2014.  4. I will seek out clarification from either hospital staff or my instructor if I am unable to successfully perform a competency.  5. I will ask to be included in learning opportunities during my time at Langley Memorial Hospital to ensure that I am constantly learning new skills/competencies and building on old ones. | 1. On June 27th, I read the journal article *Clean vs. sterile dressing techniques for management of chronic wounds: A fact sheet.*  2. On June 28th I  watched the video *Sterile dressing skills demonstration*  3. On June 28th I read the article titled *Preparing a sterile field* and *Sterile gloving.*  4. On July 8th I was able to assist a fellow student in a dressing change on a patient’s leg.  5. On July 8th I was able to assist a fellow student and a wound care nurse in a dressing change on a patient’s lower back. I was also able to observe the application of a VAC dressing.    1. On June 30th I read *Administration of medicine* by Dyer et al. (2005) and *8 rights of medication administration.* I also read clinical work sheet 21(3), 21(4) and 22(5).  2. On June 24, | **Scale: (1-5)**  **3.5**  **Rationale:**  I rated myself a 3.5 because although I have had various opportunities to be apart of this skill I would like more practice with this technique.  **Plan of Action:**  To look for opportunities during clinical practice where I can practice this skill. I will also continue to seek information regarding this technique from my clinical instructor and the wound care nurse. |

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Clinical Site: Langley Memorial Hospital (2 South)